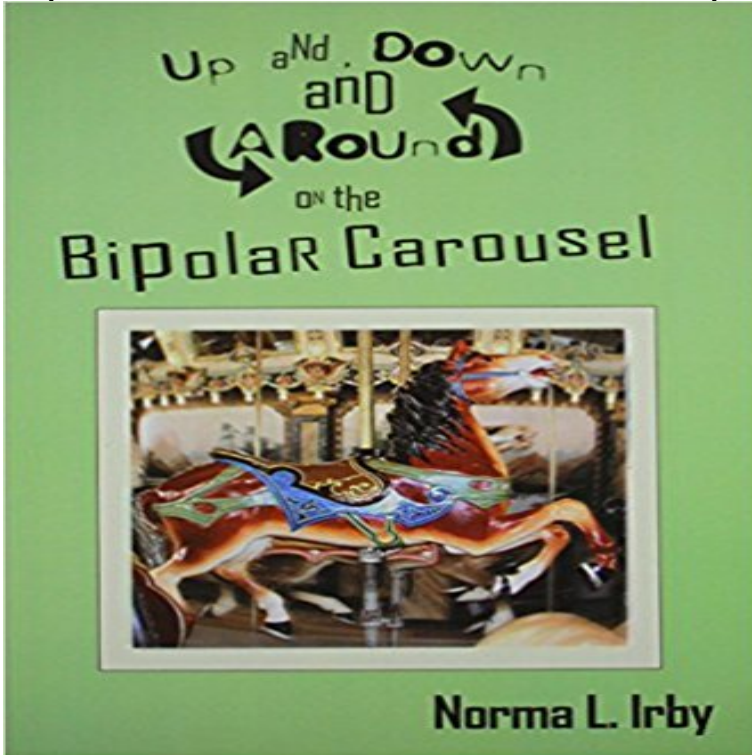


# Up and Down and Around on the Bipolar Carousel



Up and Down and Around on the Bipolar Carousel is an autobiography of one person's struggle through life with bipolar disorder. The book provides rare access to the National Institutes of Health (NIH), where research studies on mental illness were conducted and where the author spent three years as a research subject. Ten patients and intensive therapy at the NIH changed the history of mental illness and produced bipolar disorder as a future diagnosis. The book shows an enormous amount of determination to become well and stay well. It provides the reader with valuable information on dealing with bipolar disorder.

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