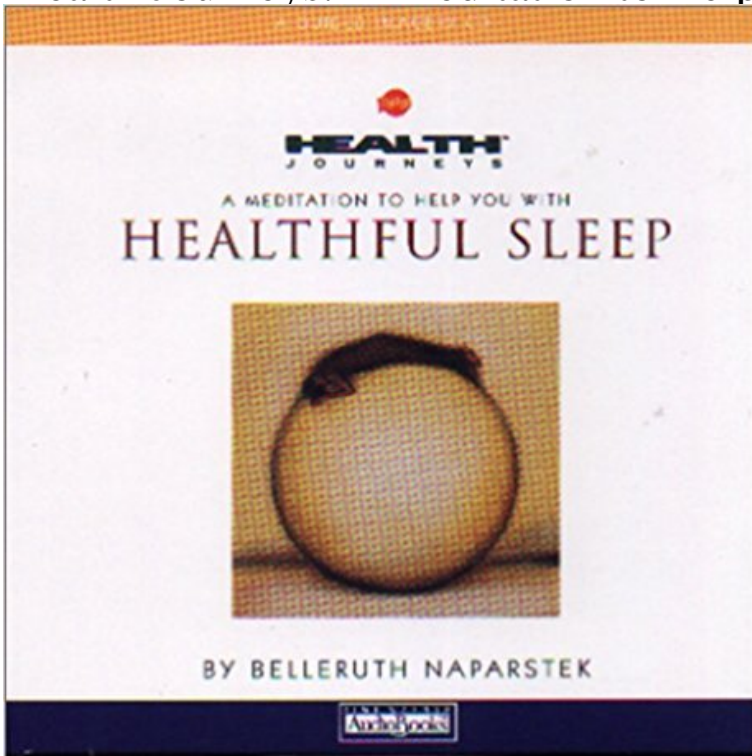


# Health Journeys: A Meditation to Help You with Healthful Sleep



Book by Naparstek, Belleruth

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