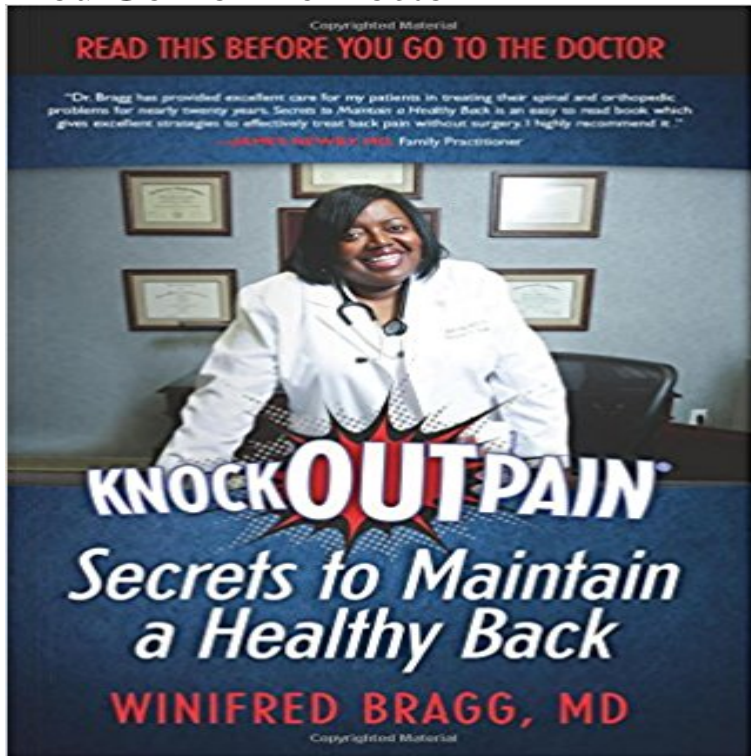


# KnockOutPain® Secrets to Maintain a Healthy Back: Read This Before You Go To The Doctor



80% OF US WILL HAVE BACK PAIN AT SOME POINT IN OUR LIFE BY AGE 55. Back pain often comes at inopportune times. It destroys vacations, work, outings, holidays and special occasions. Dr. Winifred Bragg has treated thousands of patients with back pain over the past 20 years. She has written this book to educate people about the symptoms and causes of low back pain and to offer her proven strategies for pain relief. This helpful illustrated guide explains the basics of how to care for your spine(back). You will learn the answers to these questions: What are the Os of LIFE which contribute to back pain? Why go to physical therapy? Which exercises can you do at work to reduce your back pain? When is surgery necessary? By following these recommendations, you can increase the likelihood of maintaining a healthy back. After all, the best cure for back pain is to prevent it.

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customary ? and essential ? neighborhood daily paper publicizing, I'd make a rundown of the living arrangements inside of a 6-piece range of my business. Everybody inside of strolling separation would get a month to month release reporting what I'm doing [Read more...] 1 2 3 [Read more...] 7 Next Page » Search the site ... SEARCH ADS RECENT POSTS Direct Mail ? Your Mailbox is Off Limits! Direct Marketing ? Prospecting ? The Third Mailing is the Kicker Direct Marketing ? Do Not Laser Your Envelopes Direct Marketing ? New Move-In Lists Work Well For Doctors and Professionals Direct Marketing Restaurants ? If I Were Running a Restaurant RECENT COMMENTS Brad on 3 Tips on How Not to Lose a Job Scott on Direct Marketing Restaurants ? If I Were Running a Restaurant ARCHIVES June 2016 March 2016 June 2015 May 2015 April 2015 March 2015 CATEGORIES Ideas Jobs Marketing Money Personal Development Copyright © 2016 · Entrepreneurs Community

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