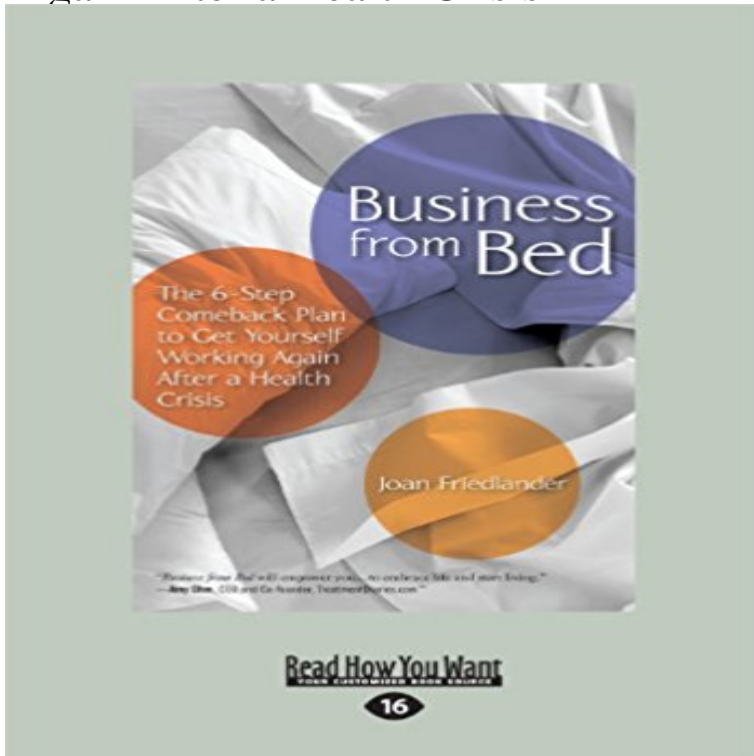


# Business from Bed: A 6-Step Comeback Plan to Get Yourself Working Again After a Health Crisis



When people are remanded to their beds or their homes by a prolonged health crisis it can become a time of deep reflection, prompting a person to reevaluate assumptions that have formed the basis for many life and business decisions. As one moves away from a time of ill health and pain, back towards wellness, it is easy to forget what you said you would do differently and gallop back to business as usual. The 6 - step comeback plan outlined in *Business from Bed* will help the reader combat this normal tendency. Joan Friedlander (herself diagnosed with a chronic disease) outlines steps that are designed to help the reader successfully integrate their emotional, social and physical healing with the practical aspects of rebuilding their business. Specifically, steps one, three and five guide the recovering entrepreneur to remain mindful and patient as they experience the normal ebb and flow of physical, mental and emotional recovery. The reader finds that steps two, four and six assist with the practical and tactical aspects of rebuilding a business, or preparing to go back into the mainstream of the job market.

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and place to meet individuals and complete some early morning work). He's a podiatrist (foot specialist) and lets me know the best, best technique he's utilized so far to achieve new potential patients is through regular postal mail. He pursues a particular business sector portion â€¦ [Read more...] Direct Marketing Restaurants ? If I Were Running a Restaurant March 12, 2016 By admin 1 Comment Direct Marketing Restaurants ? If I Were Running a Restaurant On the off chance that I were running an eatery, I'd showcase my business through a few distinct roads. Notwithstanding the customary ? and essential ? neighborhood daily paper publicizing, I'd make a rundown of the living arrangements inside of a 6-piece range of my business. Everybody inside of strolling separation would get a month to month release reporting what I'm doing â€¦ [Read more...] 1 2 3 â€¦ 7 Next Page Â» Search the site ... SEARCH ADS RECENT POSTS Direct Mail ? Your Mailbox is Off Limits! Direct Marketing ? Prospecting ? The Third Mailing is the Kicker Direct Marketing ? Do Not Laser Your Envelopes Direct Marketing ? New Move-In Lists Work Well For Doctors and Professionals Direct Marketing Restaurants ? If I Were Running a Restaurant RECENT COMMENTS Brad on 3 Tips on How Not to Lose a Job Scott on Direct Marketing Restaurants ? If I Were Running a Restaurant ARCHIVES June 2016 March 2016 June 2015 May 2015 April 2015 March 2015 CATEGORIES Ideas Jobs Marketing Money Personal Development Copyright Â© 2016 Â· Entrepreneurs Community

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