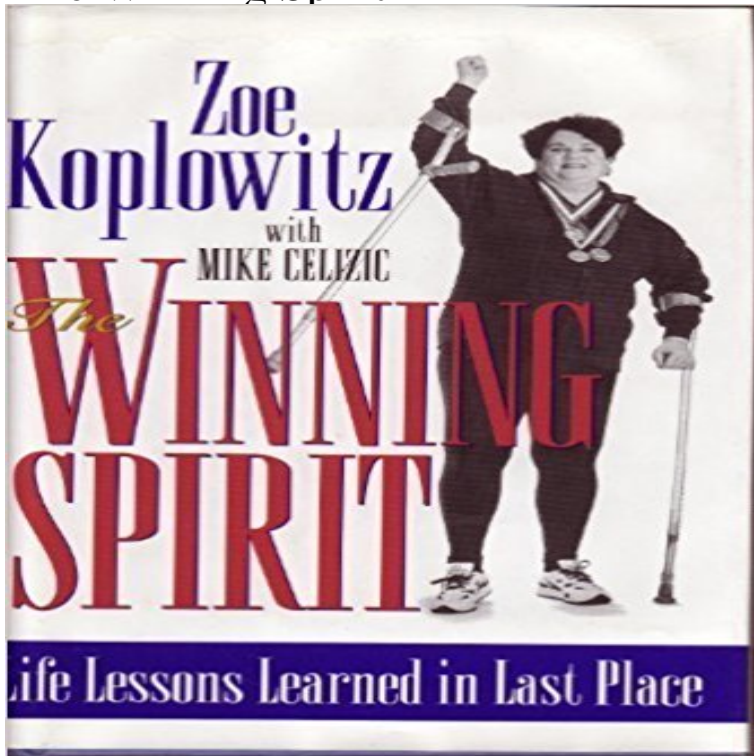


## The Winning Spirit



The star of the New York City Marathon came in 28, 657th--not just last, but dramatically last; 27 hours and 36 minutes after beginning on the Verrazano Bridge at 6:00 am the previous morning. Zoe Koplowitz has multiple sclerosis. And for Zoe, the marathon has become a touchstone for personal triumph over adversity. *The Winning Spirit: Life Lessons Learned in Last Place* will be an inspirational book in which Zoe uses the marathon as a metaphor for telling the stories she has learned from living triumphantly with multiple sclerosis: the importance of self-acceptance, following your dreams, courage in the face of adversity, excelling despite perceived limitations and the beauty of unconditional love. It will include stories of the people who have helped her: Guardian Angels, the Achilles Track Club, gang members of the Bronx who call ahead each year to ensure her safe passage. *The Winning Spirit* will show readers how to tap into the magic and strength inside them. As Zoe writes, There is nothing particularly special about me, except that I'm a reminder that nothing in life is impossible. If I can do something undoable, others can too. And if I represent anything to people, it's as the keeper of the dream. I'm the human post-it note you stick to your refrigerator to remind yourself, You can do this!

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