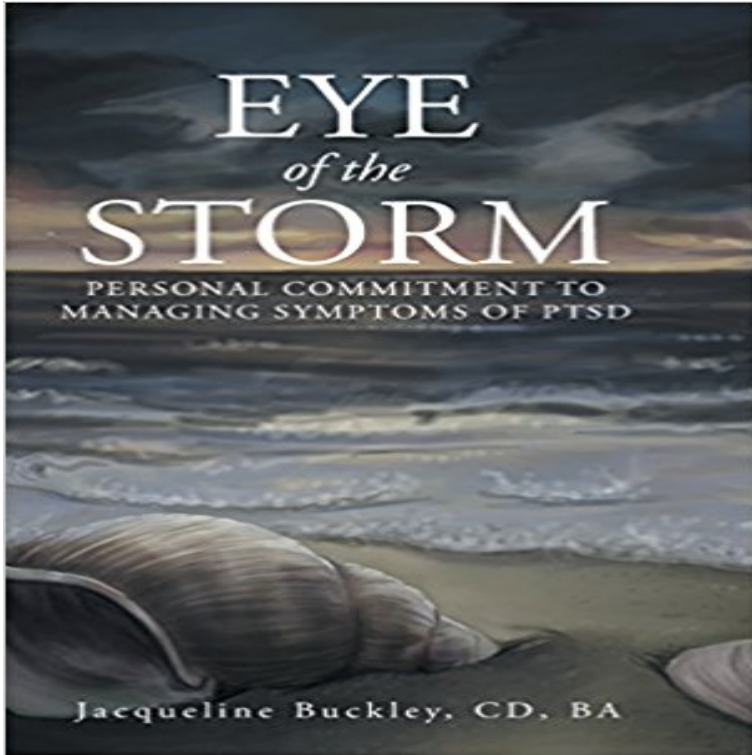


# Eye of the Storm: Personal Commitment to Managing Symptoms of PTSD



For author Jacqueline Buckley, before September 2, 1998, life seemed normal. She had faced challenges, but things were basically good. But on that September day, when Swissair flight 111 crashed in Peggys Cove in Nova Scotia, her whole life changed. As a member of the Canadian Forces Dental Services stationed in Halifax, Nova Scotia, she was tasked with assisting dental officers in the dental forensic portion of the recovery, trying to identify the 229 victims through their dental remains. In *Eye of the Storm*, Buckley tells how this dramatically affected her life and triggered the onset of her post traumatic stress disorder. Based on her personal accounts and recollections, this memoir shares the challenges of living with PTSD for more than twelve years. A raw account of her own healing, observations, and understanding, *Eye of the Storm* not only tells Buckley's story and her journey of how she weathered the storm and found her way home, but also presents strategies and suggestions for healing for others who face the same challenges.

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