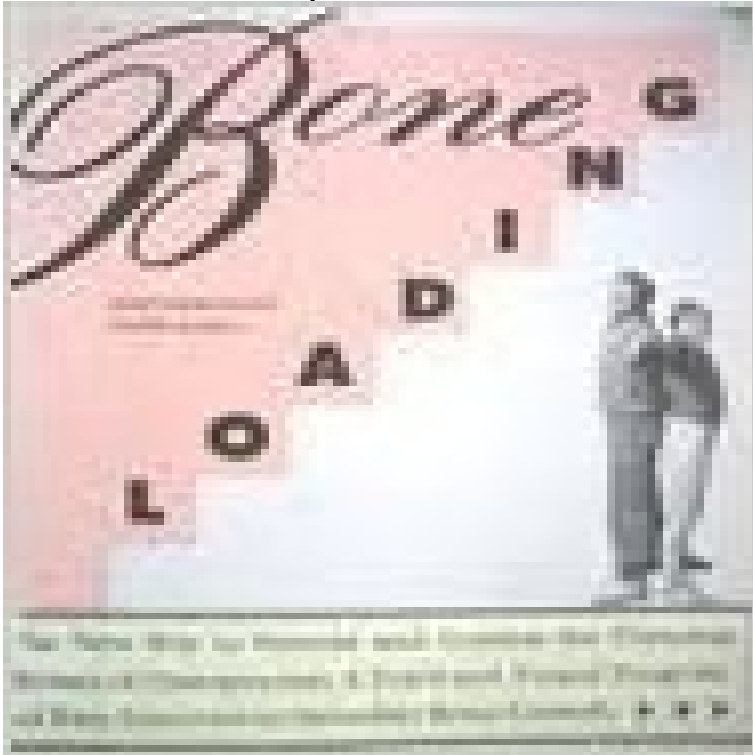


# Bone Loading: The New Way to Prevent and Combat the Thinning Bones of Osteoporosis



The new way to prevent and combat the thinning bones of osteoporosis

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reduce excessive bone loss Bone provides alkalizing or base minerals to offset the crushing acid load. This is good  
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cortex. .. At the cellular level, bones respond to mechanical loading by a series of .. ways to improve muscle and bone  
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calcium and produce more bone mass. **The New Way to Prevent and Combat the Thinning Bones of** Aug 14, 2009  
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has shown that this little known vitamin is the key to calcium . We were unable to load Disqus. to be the most effective  
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