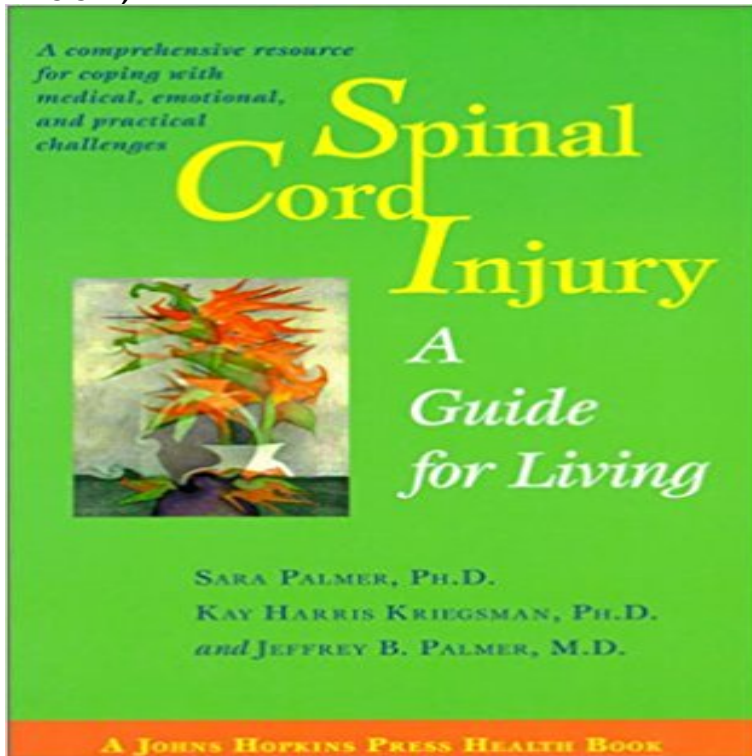


Spinal Cord Injury: A Guide for Living (A Johns Hopkins Press Health Book)



There are approximately 220,000 people with spinal cord injury in the United States and about 10,000 new injuries each year. This straightforward book is designed to help them--and their family members and friends--during the rehabilitation process and the journey that follows. Written by three professionals in rehabilitation medicine and psychology, Spinal Cord Injury is an easy to understand, comprehensive resource for everyone with SCI, containing essential information for people who are newly injured and for those who have longer experience in coping with injury. The book thoroughly reviews the challenges that may be encountered by people with spinal cord injury throughout their lives, addressing all aspects of spinal cord injury, from psychological, sexual, and social matters to transportation, housing, and employment. The authors explain how spinal cord injury affects physical functioning and how those changes may lead to lowered self-esteem, depression, family conflicts, and social isolation -- all problems that can derail the adaptation process. But they remind readers that, as with any major life crisis, spinal cord injury can be a catalyst for positive change. A spinal cord injury challenges a person to find creative channels for self-expression, personal strength, and new ways of being in the world. One of the books most important messages is that a meaningful life is possible after spinal cord injury and that psychosocial adjustment is not necessarily linked to ones degree of physical function or disability. Illustrating each chapter with patient histories--ranging from relatively mild to moderate to severe disability--the authors begin by demystifying what takes place during emergency treatment and hospitalization and explaining the consequences of different kinds of spinal cord injury. Later chapters describe rehabilitation, returning home, and learning

to live independently. Chapters include: Part I--Trauma, Hospitalization, and Rehabilitation Chapter 1: Into the Wilderness: Trauma and Hospitalization Chapter 2: Lost and Searching: Rehabilitation Chapter 3: Reading the Map: Adjustment Part II--The Challenge of Readjustment Chapter 4: Going Home: Old Territory in a New Light Chapter 5: Focus on the Family Chapter 6: Lovers Lane: Dating, Coupling, and Sexuality Chapter 7: Life Goes On: Independent Living Part III--Successful Living with Spinal Cord Injury Chapter 8: The Next Frontier: Spinal Cord Injury Research Chapter 9: The Journey Continues Chapter 10: Concluding Thoughts Life after spinal cord injury is a progression through medical recovery, emotional adjustment, social integration, and fulfillment of personal goals. People with SCI must find the courage and persistence to redefine personal and professional relationships as well as their own relationship with a changed self. Spinal Cord Injury: A Guide for Living is a much needed resource that will help people with spinal cord injury overcome obstacles in managing the challenges of their new lives.

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the off chance that I were running an eatery, I'd showcase my business through a few distinct roads. Notwithstanding the customary ? and essential ? neighborhood daily paper publicizing, I'd make a rundown of the living arrangements inside of a 6-piece range of my business. Everybody inside of strolling separation would get a month to month release reporting what I'm doing â€¦ [Read more...] 1 2 3 â€¦ 7 Next Page Â» Search the site ... SEARCH ADS RECENT POSTS Direct Mail ? Your Mailbox is Off Limits! Direct Marketing ? Prospecting ? The Third Mailing is the Kicker Direct Marketing ? Do Not Laser Your Envelopes Direct Marketing ? New Move-In Lists Work Well For Doctors and Professionals Direct Marketing Restaurants ? If I Were Running a Restaurant RECENT COMMENTS Brad on 3 Tips on How Not to Lose a Job Scott on Direct Marketing Restaurants ? If I Were Running a Restaurant ARCHIVES June 2016 March 2016 June 2015 May 2015 April 2015 March 2015 CATEGORIES Ideas Jobs Marketing Money Personal Development Copyright Â© 2016 Â· Entrepreneurs Community

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K., & Fries, J. F. (2000). New York: Perseus Books. MacNee Oxford, UK: Health Press. Mayo Clinic guide to living with a spinal cord injury: Moving ahead with your life. New York: **Spinal Cord Injury A Guide For Living A Johns Hopkins Press Health** Choices in Deafness: A Parents Guide to Communication Options, 3rd ed. Bethesda, MD: Heart. Disease. Gersh, Bernard J. Mayo Clinic Heart Book: The Ultimate Guide to Heart Health, 2nd ed. Baltimore, MD: Johns Hopkins University Press, 2011. Mayo Clinic Guide to Living with a Spinal Cord Injury. New York: **Paityn Phillips - Dailymotion** Clinical Director, International Center for Spinal Cord Injury (ICSCI) She is also an assistant professor of physical medicine and rehabilitation at the Johns Hopkins University School of Medicine. . Book Chapters, Monographs Spinal Cord Injury A Guide for Living. 2nd Edition. The Johns Hopkins University Press.

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